



Chris Ahrends

B Soc Sc SW, B Soc Sc HONS, Dip Th

Chris' Interests:

- Personal transformation processes for the development of human potential
- Unlocking creativity and innovation in individuals, teams, organisations, communities
- The integration of psychology, spirituality and social systems for the 21st century
- Africa, human rights and sustainable development

Chris is the Managing Partner and Director of Four Consulting and the U2U Foundation. He was formerly Chaplain to Archbishop Desmond Tutu and the founding Executive Director of the Desmond Tutu Peace Centre. He is a Trustee and Principal Advisor to the Hilary Cropper Foundation and the team leader of The 4C Group of consulting associates.

Chris works in the field of personal, organizational and community transformation and social development. He has been involved for many years with grassroots social and political movements in southern Africa and increasingly internationally. He is married to Jacqui and has two daughters, Kate and Zoe. He lives in Cape Town SA.

Job Description and Work Experience:

Via Four Consulting and the U2U Foundation I offer the following transformation consulting services:

Personal Transformation

As a registered clinical social worker in private practice I offer psychotherapy and executive coaching for a range of clients from the private and not for profit sector. I also provide career-path and performance coaching. I choose to focus on medium to long-term therapeutic work dealing mainly with personal growth and relationship issues.

Educational Transformation

I offer a range of courses in personal and social transformation, African Studies and social development, as well as offering a transformation workshop to the public. I have

been a visiting professor / scholar in-residence at two USA universities. In association with the **U2U Foundation**, I offer transformation workshops to students and the public.

Organization, Community and Group Transformation

I offer a range of facilitation services such as organizational development (360 degree vision, mission and strategic planning); project planning, implementation and evaluation; leadership and management team development, social analysis, community consultations and dialogue processes; democracy education, human rights programmes; conference planning and facilitation.

Clients (past & present)

- The Homestead Organisation (Cape Town, SA)
- Lonmin plc (London) and Lonmin Platinum Ltd (NW Province, South Africa)
- Vanto Group (Miami, USA)
- Hawaii Pacific University (Hawaii, USA)
- Marquette University (Milwaukee, USA)
- University of North Carolina (Chapel Hill, USA)
- University of the Western Cape (UWC – Bellville, SA)
- TSIBA Education (Cape Town, SA)
- St Luke's Hospice (Cape Town, SA)
- The Shikaya Centre for Democracy & Human Rights Education (Cape Town, SA)
- The Diocese of Cape Town Anti-Xenophobia Task Force
- Fikelea HIV & Aids Organisation (Cape Town)
- The Anglican Aids and Health Trust (Cape Town, SA)
- The Dame Hilary Cropper Foundation (London, UK)
- The Max Kohler Foundation (Cape Town, SA)
- VTS (Virginia, USA)
- Msalato Theological College (MTC) (Dodoma, Tanzania)
- Vision Quest Africa - VQA (Cape Town, SA)
- CNV Africa Urban Planners (Cape Town, SA)
- Inyathelo – the SA Institute of Advancement (Cape Town, SA)
- The Diocese of Cape Town Social Development Forum

Accreditation/Affiliation

- Member of the SA Council for Social Service Professions (SACSSP)
Registration #: 10-26506
- Registered administrator / facilitator of the Myer Briggs Type Indicator (MBTI)



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