

Women in Leadership Breakfast

Inspire, Equip, Support

Theme – Self-care: Nourish to Flourish

More about our Speakers



Chantelle Solomon (Shift Synergy)

“Renew your Mind” – The influence of the quality of our thinking on flourishing

Chantelle is inspired by the uniqueness of the individuals she work with and is fascinated with their development journeys. As a professional coach, facilitator and entrepreneur, she is passionate about moving people forward towards their aspirations for growth and development within their particular context. Her coaching is informed by almost 20 years’ experience as a finance professional in the corporate world which encompassed leadership positions at all levels of business, including directorship. She is a CA(SA) and hold a masters in management coaching from the University of Stellenbosch Business School. She works in association with The Human Edge, facilitating programs that enhance clients’ capabilities to execute flawlessly and innovate consistently.



Samantha Davis (Art Therapy South Africa)

“Using creativity to connect to self” – Your true and authentic voice from the inside out

Samantha is an entrepreneur and the creative brain from conception to facilitation of hundreds of creative workshops. Her great passion and vocation is to create a safe space for others to express themselves from the inside out through creative interventions. Her containing intuitive presence allows both adults and children to access and express their true, authentic voice and purpose in the world. After completing her BA in Psy and Education, followed later by a masters in art psychotherapy in London in 2000, Samantha expanded her psychodynamic training to include a wide range of eclectic modalities such as journey therapy, creative coaching, mindfulness, meditation, numerology, archetypes and the 3-principles - all of which engage and inspire both herself and others on their journeys toward self-care, consciousness and creating meaning.



Yanush Singh (Sanlam)

“Let Your Finances Sparkle” – Women and Estate Planning

Advocate Yanush Singh is a national business development manager at Sanlam and he holds master’s degrees in both medical law and business leadership. He is also a certified financial planner and part-time financial planning lecturer at Stellenbosch University. Yanush is an expert in the area of estate planning and is keen to share his insights, particularly in relation to why the deceased estates of surviving spouses are hardest hit by costs and taxes and what they can do to protect the assets that will be inherited by their children.

CAPE TOWN

Friday, 16 February 2018
Atlantic Imbizo, V&A Waterfront

TIME

09:00 – 12:00 (08:30 registration)

INVESTMENT

R490.00 Excl VAT

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Johleen on 021 913 3507 or
johleen@symphonia.net

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