

Embracing Anxiety

Convert anxiety into fuel for creative solution-orientated thinking

Public Workshop Schedule



One Day Workshop

Cape Town

15 March 2018

Durbanville Hills Wine Estate

Johannesburg

28 August 2018

WorldsView Academy, Woodmead

Time 09:00 – 17:00 (08:30 registration)

Investment R3,315.00 Excl VAT for Corporates
R2,500.00 Excl VAT for NPOs

Investment includes a copy of An's book "Embracing Anxiety: Coming back with Hope."

Book Now!

For bookings contact **Johleen** on 021 913 3507 or Johleen@symphonia.net

To schedule an in-house workshop please contact **Kym** on 082 453 9393 or kym@symphonia.net

Dates may be subject to change should bookings be insufficient to run the workshop

