

# Embracing Anxiety

Convert anxiety into fuel for creative solution-orientated thinking

## Public Workshop Schedule



One Day Workshop

### Johannesburg

28 August 2018

WorldsView Academy, Woodmead

**Time** 09:00 – 17:00 (08:30 registration)

**Investment** R3 315 Excl VAT for Corporates  
R2 500 Excl VAT for NPOs

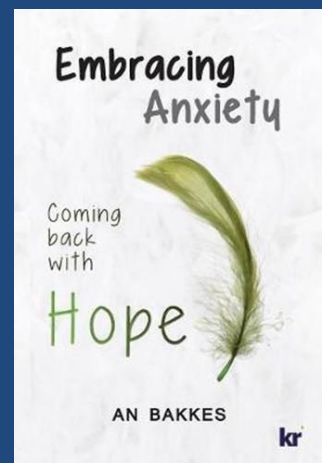
**Investment includes a copy of An's book "Embracing Anxiety: Coming back with Hope."**

### Book Now!

For bookings contact **Johleen** on **021 913 3507** or [Johleen@symphonia.net](mailto:Johleen@symphonia.net)

To schedule an in-house workshop please contact **Kym** on **082 453 9393** or [kym@symphonia.net](mailto:kym@symphonia.net)

*Dates may be subject to change should bookings be insufficient to run the workshop*



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