



## Self-Leadership for Women

**There has never been a greater time for women to succeed as leaders than now.**

Today, as women, we realise that authentic power means having choices and control over one's life. However despite the opportunities available for women, they often battle with the conditioning of who they are expected to be and who they actually can be and as a result many have untapped potential as leaders. Self-leadership becomes the first level of leadership to become an effective leader, women have to first lead themselves to personal and organisational success.

**In this transformational session we will address how women can leverage and maximise these qualities of self-leadership:**

- Self-awareness
- Positive mental attitude
- Self-motivation
- Emotional maturity
- Goal directed
- Servant leadership

**Date** - 27 September 2018

**Time** - 08:30 – 10:30  
(08:00 registration)

**Venue** - Atlantic Imbizo,  
V&A Waterfront, Cape Town

**Investment** - R490.00 Excl. VAT

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**Mavis Ureke** is an international human behaviour specialist, award winning Global Training and Development Leader and author of several books. She is the cofounder of Training B2B CC, a leading provider of emotional intelligence training. She is a frequent speaker/trainer/facilitator and keynote speaker at public and private engagements. She is currently a Doctoral student for Psychology in Leadership (William James College, US).